





>>> NEWSLETTER <<<

ROTARY BANGALORE ABILITIES

OCT - DEC 2023





GOV 2023

DG UDAY KUMAR BHASKARA AND RADHIKA (FIRST LADY) VISITED OUR CLUB ALONG WITH OTHER DISTRICT OFFICERS ON OCTOBER 1, 2023. THE DAY BEGAN WITH A CLOSED-DOOR MEETING WITH THE PRESIDENT, SECRETARY, AND THE TREASURER. THIS WAS FOLLOWED BY A MEETING WITH THE BOARD OF DIRECTORS WHO PRESENTED THEIR PLANS FOR THE REST OF THE YEAR AND ALSO HIGHLIGHTED THE ACTIVITIES DONE SO FAR.

THIS WAS FOLLOWED BY THE GENERAL ASSEMBLY ADDRESSED BY THE DG. THE DG ALSO GAVE AWAY MEMENTOS TO MANY PEOPLE CHOSEN BY THE PRESIDENT AND SECRETARY FOR THEIR CONTINUED CONTRIBUTION TO THE CLUB. THIS BEING THE FIRST GOV OF DISTRICT 3191, THE DG WAS ALL PRAISE FOR THE EXCELLENT PREPAREDNESS AND PRESENTATION DONE BY THE OFFICE-BEARERS OF OUR CLUB. HE ASSURED HIS TOTAL SUPPORT TO THE CLUB IN THE COMING DAYS. THE EVENT ENDED WITH A SUMPTUOUS LUNCH.



MEMBERS OF RBA VISITED THE SHILHAANDAREA RESORT ON OCTOBER 2, TO WIND DOWN FROM THE HECTIC PREPARATIONS FOR THE GOV AND ALSO TO RELAX IN THE COMPANY OF FRIENDS. FOURTEEN OF US: CHANDANA AND MOM, ARAVIND, GOPI, NAGARAJ, ARUN, GOKUL, KAMESHWARI, KIRAN, PRIYA, LAKSHMI, SHALINI, KRANTHI, AND JUSTIN WENT TO THE RESORT IN 3 CARS DRIVEN BY PARAMESH, RAJENDRA, AND MURALI. AFTER A HEARTY BREAKFAST, THE MEMBERS WENT IN SEARCH OF ADVENTURE. MANY OF OUR MEMBERS, INCLUDING ARUN, GOT A THRILL OUT OF ZIPLINING. A FEW OF US WERE ROLLING IN AN INFLATED BALL. A FEW OTHERS HAD THEIR FEET TICKLED BY THE FISH IN THE SPA. MEMBERS ALSO ENTERTAINED THEMSELVES BY SINGING SONGS AND RECALLING SWEET MEMORIES.

AFTER LUNCH, MOST MEMBERS ENJOYED DANCING TO THE POPULAR TUNES AT THE RAIN DANCE. OTHERS WERE SPENDING TIME AT THE SWIMMING POOL. AFTER TEA AND SNACKS, IT WAS TIME TO HEAD HOME WITH YET ANOTHER MEMORY TO CHERISH.



HARISH KOTIAN, RETIRED ASSISTANT GENERAL MANAGER, RBI, SPOKE ABOUT THE FUNCTIONS OF RBI ON SUNDAY, OCTOBER 22, 2023. THIS TALK WAS PART OF COMMUNITY AND ECONOMIC DEVELOPMENT MONTH. AFTER THE TALK, THERE WAS A Q8A SESSION.





RBA ORGANISED A BREAKFAST TREAT FOR THE UNDERPRIVILEGED CHILDREN AT ARAM CHILD FOUNDATION TRUST, CHENNAI ON 19TH OCT 2023 .THE CHILDREN ENJOYED THE BREAKFASRT



A TALK ON PROJECT SANJEEVINI -- THE NEED, THE PROCESS, THE HOW AND WHY OF A HUMAN

MILK BANK - WAS HELD ON THURSDAY, OCTOBER 19, 2023. ROTARY BANGALORE SOUTH PARADE IS THE LEAD CLUB FOR THIS PROJECT. RBA JOINED THE PROJECT FOR THE DISTRIBUTION OF NEWBORN CARE KITS.

AFTER FELLOWSHIP, THE MEETING BEGAN WITH 2 MINUTES SILENCE. IPP RTN. ANAND RAMACHANDRA HIGHLIGHTED THE IMPORTANCE AND HISTORY OF THE HUMAN MILK BANK. THE FIRST HUMAN MILK BANK OPENED IN VIENNA, AUSTRIA, IN 1909. IN INDIA, THE FIRST SUCH INSTITUTION CAME UP IN BOMBAY IN 1989. WHILE HERE IN BANGALORE, VANIVILAS HOSPITAL WAS THE HOSPITAL THAT HAD SUCH A FACILITY. WITH ROTARY'S HELP, GOSHA HOSPITAL IS OPERATING THE LATEST BREAST MILK BANK. ROTARY HAS RAISED 31 LAKHS WHILE THE HOSPITAL SPENT 5 LAKHS TO FURNISH THE MILK BANK. THERE IS A FREEZER, RO-TYPE FILTER SYSTEM, PASTEURIZING UNIT, AND TESTING, AFTER WHICH THE MILK IS GIVEN TO INFANTS. DR. USHA EXPLAINED WHO WERE THE DONORS AND RECIPIENTS, IMPORTANCE OF HUMAN MILK, AND DISADVANTAGES OF POWDER MILK. THERE IS A REQUIREMENT IN INDIRA GANDHI CHILDREN'S HOSPITAL NEXT TO SANJAY GANDHI HOSPITAL. THIS CONCEPT WILL WORK EFFECTIVELY ONLY WHERE AT LEAST 500 CHILDREN ARE BORN PER YEAR. THOSE WHO HAD SPONSORED THIS PROGRAM (RBA ALSO) WERE PROVIDED 14 NEWBORN CARE KITS. THESE KITS CONTAIN ALL ESSENTIALS NEEDED FOR A FAMILY TO CARE FOR THE NEWBORN. WE HAVE TO DISTRIBUTE IT TO BPL FAMILIES.



RBA MEMBERS: KIRAN, KAMESHWARI, JUSTIN, NAGARAJ, CHANDANA, AND HER MOM, ATTENDED THE WORLD POLIO DAY EVENT OF DISTRICT 3191. THE THEME OF THIS YEAR WAS "END POLIO NOW". HEALTH MINISTER GOVERNMENT, GOVT OF KARNATAKA, DINESH GUNDU RAO WAS THE CHIEF GUEST. SONU GOWDA, AN ACTRESS, WAS THE GUEST OF HONOR. THE MINISTER FLAGGED OFF THE BIKE RALLY AND THE WALKATHON (A DISTANCE OF 3.5 km). WE PARTICIPATED IN THE WALKATHON TOO. A CERTIFICATE OF APPRECIATION WAS GIVEN TO EACH CLUB THAT HAD ASSEMBLED. BREAKFAST WAS SERVED, AFTER WHICH WE DISPERSED. THE EVENT TOOK PLACE ON 28TH OCT 2023 IN BENGALURU.



RBA MEMBERS PINKY AND HER HUSBAND VENKATESH, NAGARAJ,
JUSTIN, KIRAN, KAMESHWARI, CHANDANA, AND HER MOM MET AT
THE VIKASA SCHOOL. THIS SCHOOL CATERS TO THE CHILDREN WHO
ARE INTELLECTUALLY CHALLENGED. ON THE OCCASION OF THEIR
THIRD WEDDING ANNIVERSARY, PINKY AND HER HUSBAND
DISTRIBUTED STATIONERY ITEMS TO THE 82 CHILDREN PRESENT
THERE. WE ALSO DISTRIBUTED CHOCOLATES. MEMBERS TOOK PART
IN THE LUNCH AND TEA OFFERED BY THE MANAGEMENT. WE ALSO
PURCHASED CANDLES MADE BY THE CHILDREN. ALONG WITH
ROTARY ELITE, OUR CLUB WILL SUPPORT THE SCHOOL'S SPORTS
EVENT IN NOVEMBER.

UNDER THE NAVAJATHA SHISHU PROJECT THE FIRST OF THE 14 NEW BORN CARE KITS ALONG WITH IRON SUPPLEMENTS ERE HANDED OVER TO A MOTHER WHO HAD JUST DELIVERED A CHILD BY OUR MEMBER RTN.KAMESHWARI ON 30TH OCT 2023.





TEAM ROTARY BANGALORE ABILITIES HAD A MINI FELLOWSHIP BEFORE VISITING VOCATIONAL SERVICE ICGF. WE HAD BEEN TO A TEMPLE NEAR NELAMANGALA CALLED VIJAYA VITTALA. A TEMPLE WITH BEAUTIFUL SCULPTURES WHICH DEPICTS THE SCENES FROM THE MAHABHARATHA. AFTER THAT WE HAD BEEN TO VOCATIONAL SERVICE ICGF AT CK PALACE IN NELAMANGALA.



TEAM RBA AND THEIR FAMILIES WAS PART OF THE KANNADA RAJYOTSAVA CELEBRATION OF ROTARY DISTRICT 3191. IT WAS A FUN FILLED ENTERTAINMENT EVENT WITH LOTS OF MUSIC DANCE AND AMAZING SPEED PAINTING.



A 7 YRS OLD GIRL BELONGING TO LOWEST STRATA OF SOCIETY FROM SRIRANGA PATNA OF MANDYA DISTRICT, KARNATAKA WAS BORN WITH CONGENITAL CATARACT IN LEFT EYE. HER PARENTS ARE AGRICULTURAL LABOURERS. HER CONDITION WAS DETECTED AT THE SCHOOL SCREENING PROGRAM BY THE TEAM OF DOCTORAT SRI VIVEKANANDA SEVASHRMA. THE PAEDIATRICIAN SUSPECTED FINE CARDIAC MURMURS AND MADE HER TO GO THROUGH THE CARDIAC EVALUATION.

ROTARY BANGALORE ABILITIES HELPED HER TO UNDERGO STATE OF ART SURGICAL PROCEDURE TODAY THROUGH CATARACT SURGERY WITH FOLDABLE INTRA OCULAR LENS (IOL) IMPLANTATION IN LEFT EYE UNDER GA THIS MORNING AT USHA KIRAN EYE HOSPITAL, MYSORE. HER PARENTS ARE VERY HAPPY WITH THE SURGERY AND THANKED ROTARY BANGALORE ABILITIES FOR THE TIMELY SUPPORT.



ROTARY CLUB OF BANGALORE ABILITIES FLAGSHIP PROJECT IS IDPD EVENT (INTERNATIONAL DAY FOR PERSONS WITH DISABILITY). THE 6 YEAR OF IDPD EVENT IS ON 3RD DECEMBER 2023.